

**COVID-19 in Alaska**

# **Health Mandate 10 Revisions**

Adam Crum, Commissioner, Alaska Department of Health and Social Services

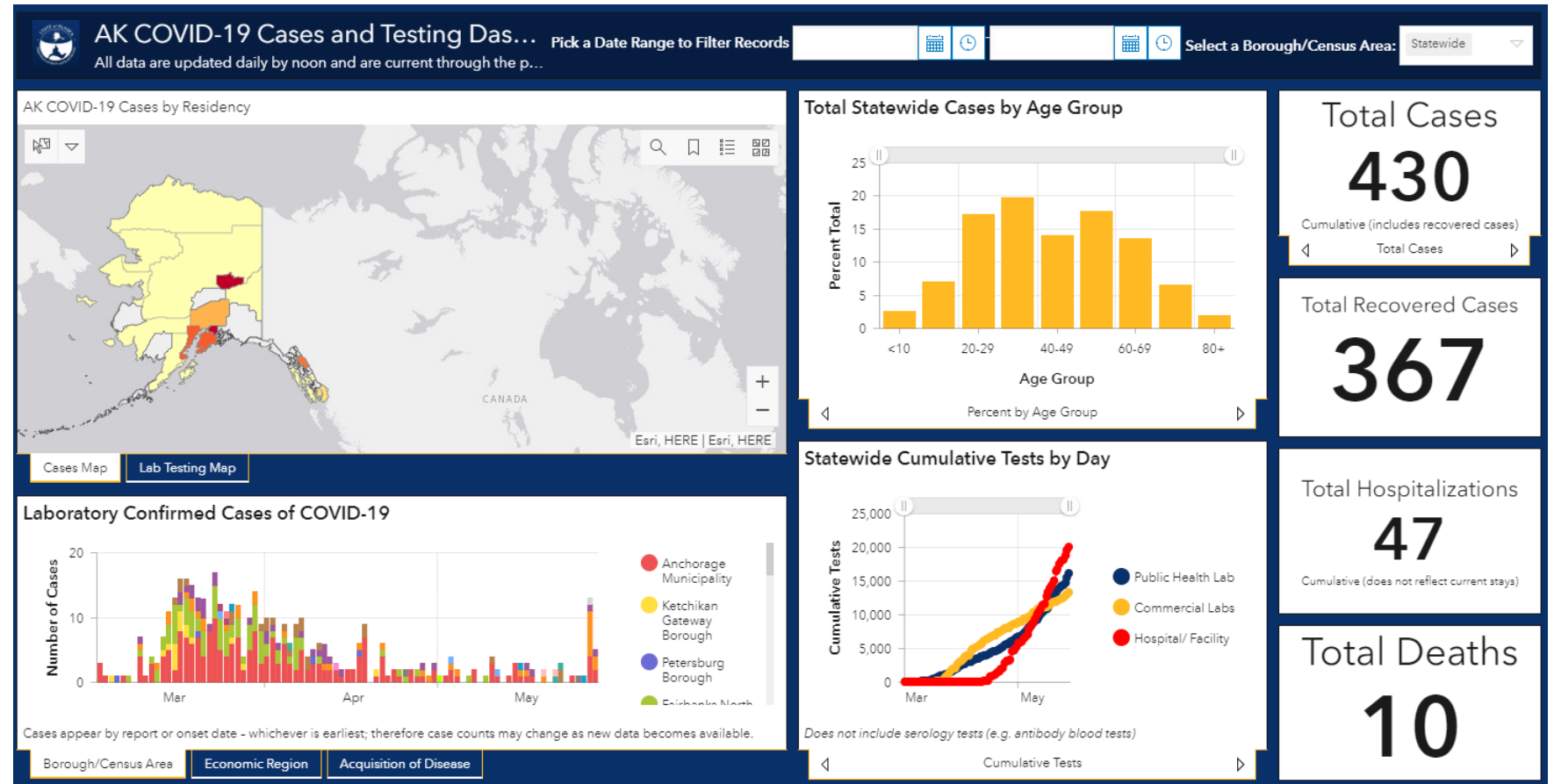
Dr. Anne Zink, Alaska's Chief Medical Officer

May 28, 2020



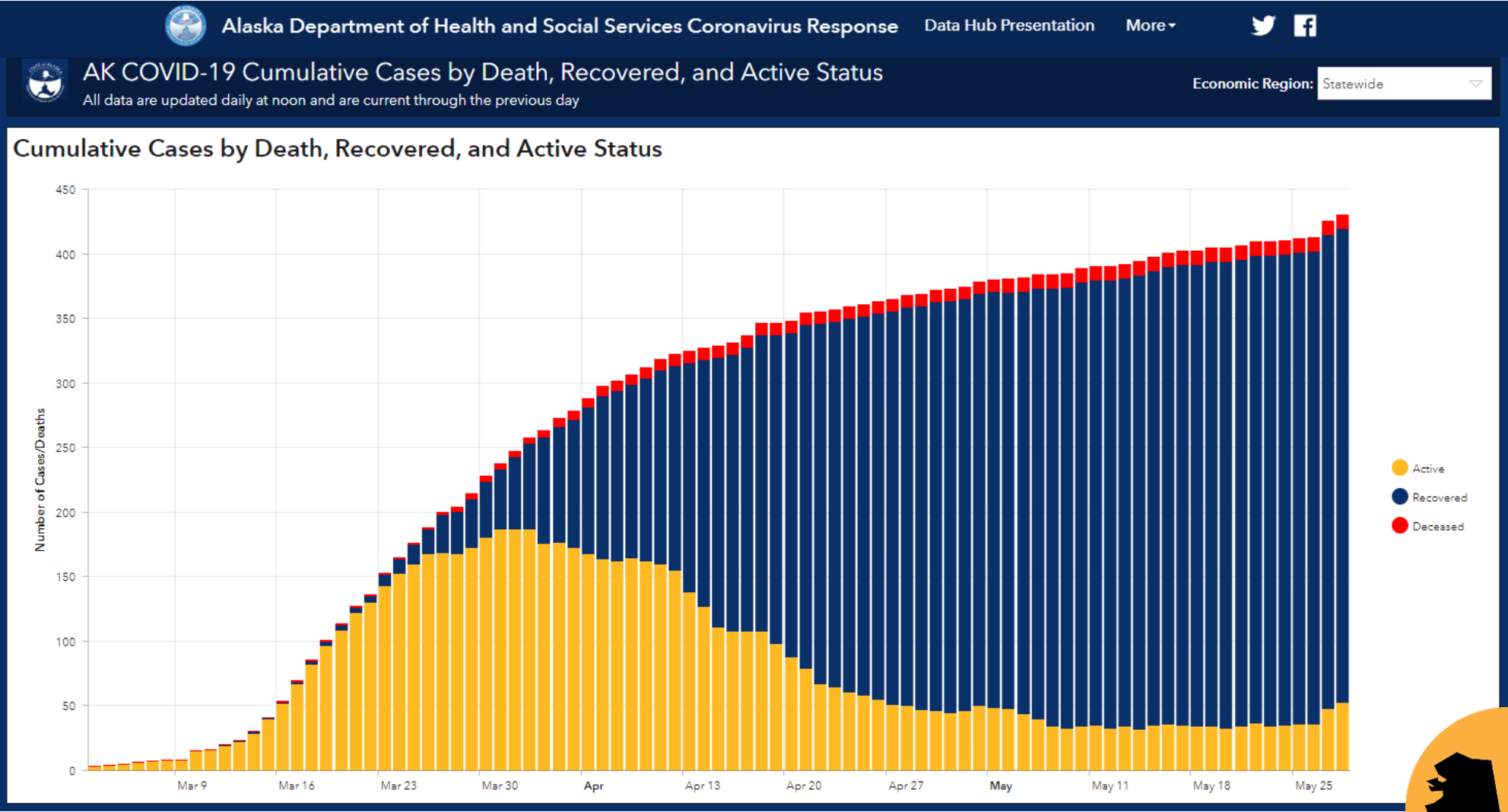
# COVID-19 Dashboard: 5/29/20 reporting data from 5/28/20

- 5 new cases (430 total)
- 1 new nonresident case (18 total)
- 1 additional recovered cases (367 total)
- No new additional deaths (10 total)
- 1 new hospitalization (47 total)
- 49,439 cumulative tests
- 0.9% of tests were positive





# EPIDEMIOLOGY – DISEASE ACTIVITY



Cumulative cases by death, recovered and active status





**Enjoy Alaska. Leave the virus at home.**



# Revisions to Mandate 10: Safe Travels Alaska



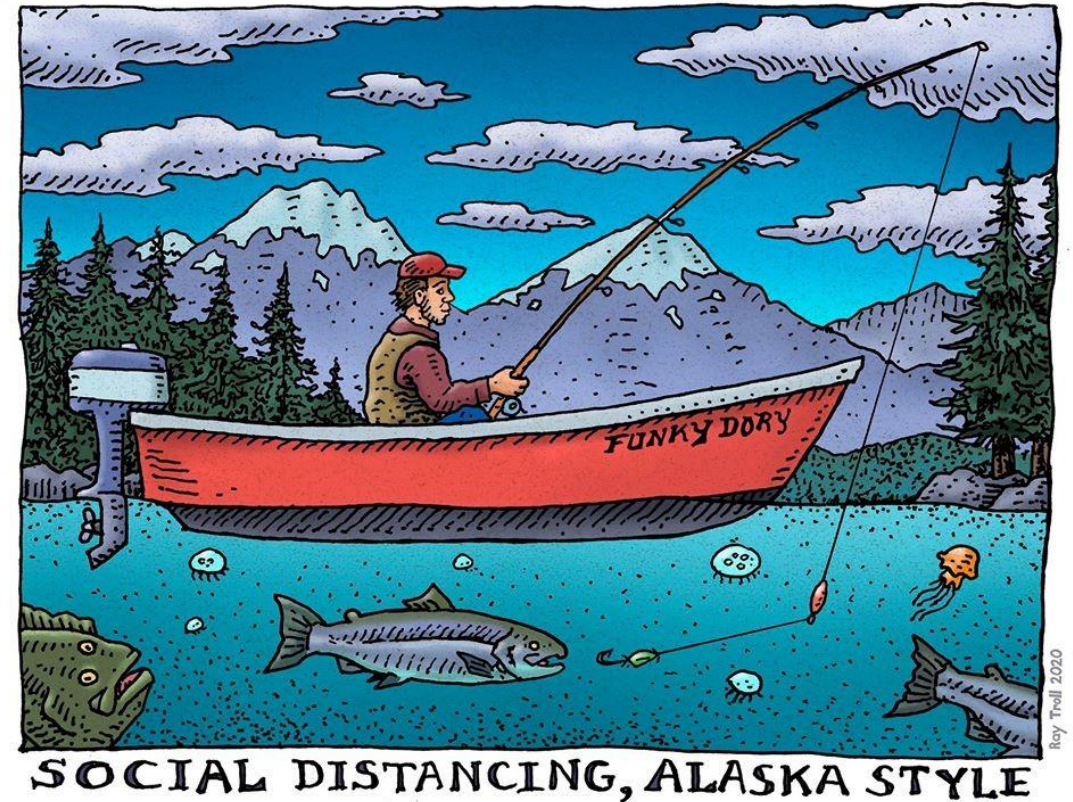
## Travelers fall into four categories:

1. Tested within 72 hours before arrival:
  - a. May enter Alaska upon showing negative PCR test result for COVID-19
  - b. May not enter Alaska if they tested positive
2. Tested on arrival:
  - a. Upon arrival in Alaska may be tested for COVID-19 and register with the testing site
  - b. Must maintain quarantine at their own expense until test results are known
  - c. If positive for COVID-19, must isolate for duration of illness at their own expense
3. Critical infrastructure workforce:
  - a. Must abide by their company's community protective plan on file with the state
4. None of the above (no prior test result, decline testing, and not a critical infrastructure worker)
  - a. Must undergo 14-day quarantine at their own expense

# Revisions to Mandate 10: Safe Travels Alaska

## All travelers:

- Should educate themselves about the requirements to safely travel in Alaska, including checking with local jurisdictions that may have their own restrictions
- Must complete and sign the Alaska Travel Declaration Form (parents/guardians must sign for minor children)
- Will be provided a voucher for a COVID-19 test
- Will receive educational materials about limiting exposure





# Revisions to Mandate 10: Safe Travels, Alaska

**Main ports of entry will have an in-person COVID-19 educator who:**

- Collects completed declaration forms
- Performs or directs travelers to immediate testing
- Provides educational materials including: a contact investigation log, cloth face covering, local rules and restrictions and limiting exposures for 14 days



## Know before you go



- **Plan ahead and get tested before you travel.**  
Advance planning is the best way to ensure a successful trip. There are a few key steps you can take to protect yourself and avoid unnecessary quarantine upon arrival in Alaska.
- **Test for COVID-19 before you go.**
- **Protect your trip.**
- **Prepare for your trip.**
- **Plan your trip to minimize public interactions.**
- **Be prepared to wear a mask, keep distance from others and practice good hygiene**
- **Stay home if you are sick!**



# Welcome to Alaska. When you arrive...



- **Turn in your completed declaration form.** Obtain a voucher for future testing.
- **Get tested if you haven't been already.** After testing you are required to quarantine for 14 days or until you receive your negative results from the entry point test. Quarantine and isolation will be at your own expense.
- **The State of Alaska cannot guarantee tests upon arrival:** Travelers are strongly encouraged to obtain a test prior to travel and to have a contingency plan that includes completing a 14-day quarantine if the state is unable to provide a test at arrival.
- **If testing upon arrival in Alaska and the test is positive?** You will have to isolate for 14 days at your own expense, or until you are cleared by a public health nurse after receiving a subsequent negative test. You will not be able to fly unless cleared by public health.

# While you're here, watch your window!



- **Please limit your exposure for 14 days:** The PCR test is not equivalent to quarantine, just because you've had a negative test doesn't mean you won't develop symptoms or test positive later. Please limit your social interactions throughout your trip.
- **If you are a critical infrastructure worker:** Please follow your company's plan.
- **Avoid indoor spaces:** Utilize take out or delivery options for food; enjoy the great outdoors and Alaska's wide open spaces. Avoid any unnecessary shopping. Being outside is safer than inside.
- **Avoid large gatherings:** Now is not the time to be in a big crowd. Save any gatherings for when the 14-day window is over.
- **Please check local restrictions:** Different communities in Alaska may have different rules. Please check with the community you are traveling to before you go.
- **Get a 2<sup>nd</sup> test:** Use your voucher for a 2<sup>nd</sup> test between 7-14 days, as this increases the sensitivity and helps make sure you are in the clear.

# Thank you, Alaska. Everyone is essential.



- Questions regarding DHSS COVID response, including mandates and alerts, can be sent to: [covidquestions@alaska.gov](mailto:covidquestions@alaska.gov).
- Questions regarding DHSS data can be sent to: [data.coronavirus@alaska.gov](mailto:data.coronavirus@alaska.gov)
- For general questions, contact 2-1-1 or 1-800-478-2221. Extended call center hours: 7 a.m. – 8 p.m., 7 days a week.